



COUNSELOR CORNER

WEEK #10
WITH MISS KELLY

Slides created by Kelly Oser, LMSW

Dear Parents/Guardians,

I hope you have enjoyed my Counselor Corners these past few weeks. I have really enjoyed creating them for your child and your families. I wanted to send something special to our students this week, so please send them to the end of this document for their HEART and postcard.

I have added a few resources for your family to utilize this summer if needed, including a social story and video to help your child practice wearing a mask. I hope you all have a wonderful summer!

Sincerely,
Miss Kelly





SUMMER RESOURCES

Families, the next few slides are for you!

Hotlines & Support

*If a crisis arises, please dial 9-1-1

Dial: 2-1-1

- Receive assistance connecting to community resources in your area. 211 helps with essential needs such as food, housing, and financial assistance

VIALINK

- Text Line at 504-777-3273
- Call 2-1-1 for crisis or looking for resources
- For crisis counseling call 1-800-273-825

Boys Town Hotline

- Call: 1-800-448-3000
- Online Chat: www.yourlifeyourvoice.org

Additional Resources

- National Alliance on Mental Health (NAMI)
 - Mental Health Support – Keep Calm Through COVID 19 hotline (1-866-310-7977)
 - Free, confidential counseling 24/7
 - Website - <https://www.nami.org/>

- Second Harvest Food Bank
 - If you need food assistance, call toll-free Monday- through Friday, 8am to 7pm:
 - 1-855-392-9338
 - Website - <https://no-hunger.org/>

Additional Resources

- Families Helping Families
 - <https://fhfofgno.org/>
- Office for Citizens with Developmental Disabilities
 - <http://ldh.la.gov/index.cfm/subhome/11>
- Jefferson Parish Human Services Authority
 - <https://www.jphsa.org/>
- Metropolitan Human Services District
 - <https://www.mhsdla.org/>

GETTING YOUR CHILD TO WEAR A MASK



I Can Wear A Mask

- Wearing a mask can be challenging. It can feel uncomfortable, but it is important that we wear masks in public to keep ourselves and other people around us safe. Here is a social story about wearing a mask that I think you will enjoy:
 - <https://drive.google.com/open?id=19T7gnbooNBJLM2taFrc4UPehugYUhqvK>
- “Wearing A Mask for Kids” Video
 - <https://www.youtube.com/watch?v=3GYtTaQmVEM&feature=youtu.be>

Resource - <https://fhfोगno.org/>



A LETTER FROM MISS KELLY



Dear Students,

Wow, what an amazing job you have done these past few weeks at home. I am very impressed by all of your hard work! Since all of you worked hard, I decided each of you deserved a HEART and a postcard. You went above and beyond to be Honest, Engaged, Appropriate, Responsible, and Thankful. I know your family is proud of you, too.

Remember, you can always do the Counselor Corner activities when you are feeling overwhelmed, worried, or angry. It is important to keep practicing your mindfulness activities.

I hope you all enjoy your summer and have lots of fun. I can't wait to see you soon!

Sincerely,
Miss Kelly



A HEART just for you!



A POSTCARD just for you!



